

Albronic 70 Tablet

Alendronic Acid 70mg Tablet

- To treat the abnormal bone growth and structural issues in individuals with Paget's disease.
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Description:

Alendronic Acid 70mg Tablet is a medication used to treat and prevent osteoporosis (weak bones) and other bone-related conditions. It belongs to a class of drugs called bisphosphonates, which help to strengthen bones and reduce the risk of fractures by inhibiting bone resorption (breakdown).

Composition:

Each tablet contains:

- Alendronic Acid: 70 mg
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Indications:

Alendronic Acid 70mg Tablet is used for the following conditions:

1. Osteoporosis in Postmenopausal Women:
 - To prevent and treat bone loss and reduce the risk of fractures due to osteoporosis.
2. Osteoporosis in Men:
 - To treat and increase bone mass in men suffering from osteoporosis.
3. Osteoporosis due to Corticosteroid Use:
 - For the prevention and treatment of bone loss in individuals who are taking corticosteroids for long periods.
4. Paget's Disease of Bone:

Dosage and Administration:

- Adults (Postmenopausal women, men, and corticosteroid-induced osteoporosis):
 - Take 1 tablet of 70mg once a week.
 - Paget's Disease:
 - For Paget's disease, the usual dose is 70mg once a week for a period of 6 months.
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How to Take:

1. Take the tablet in the morning, after waking up.
 2. Swallow the tablet whole with a full glass of plain water (not mineral water).
 3. Do not chew or crush the tablet.
 4. Wait at least 30 minutes after taking the tablet before eating, drinking, or taking any other medication (including calcium or vitamin D supplements).
 5. Remain upright (sitting or standing) for at least 30 minutes after taking the tablet to help reduce the risk of esophageal irritation and ensure proper absorption.
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Side Effects:

Common side effects may include:

- Gastrointestinal discomfort: nausea, abdominal pain, heartburn, constipation, or bloating.

- **Musculoskeletal pain:** bone, muscle, or joint pain.
- **Headache or dizziness.**

Serious side effects may include:

- **Esophageal irritation or ulcers:** If the tablet is not taken correctly.
- **Osteonecrosis of the jaw:** A rare condition associated with bisphosphonate use.
- **Severe bone, joint, or muscle pain.**
- **Hypocalcemia:** Low levels of calcium in the blood.

- **Calcium, Iron, and Magnesium:**
 - These minerals may interfere with the absorption of alendronic acid. They should not be taken within 30 minutes of the medication.
- **NSAIDs (Nonsteroidal anti-inflammatory drugs):**
 - Be cautious when using alendronic acid with NSAIDs, as they can increase the risk of gastrointestinal side effects.
- **Other Medications:**
 - Always inform your healthcare provider about any other medications or supplements you are taking.

Precautions:

- 1. Dental Health:**
 - Inform your dentist if you are using alendronic acid, as it can be associated with a rare condition called osteonecrosis of the jaw.
- 2. Esophageal Disorders:**
 - If you have a history of esophageal problems (such as difficulty swallowing, ulcers, or strictures), consult your doctor before using alendronic acid.
- 3. Kidney Function:**
 - Caution is needed in patients with kidney disease. Dose adjustments may be necessary for those with impaired renal function.
- 4. Pregnancy and Breastfeeding:**
 - Not recommended during pregnancy or breastfeeding, unless clearly necessary. Always consult a healthcare provider before use.
- 5. Calcium and Vitamin D:**
 - Adequate intake of calcium and vitamin D is essential during treatment. Your doctor may recommend supplements if needed.

Storage Instructions:

- Store at room temperature (15°C to 30°C).
- Keep the tablet in a dry place, away from light and moisture.
- Keep out of reach of children.

Note: Alendronic Acid 70mg Tablet should be taken as prescribed by your healthcare provider. Regular monitoring of bone health, kidney function, and calcium levels may be required during treatment.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

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Interactions: